



**Cottingley
Village**
Primary School

Headteacher: Mrs Kirsty Hutchinson
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Friday 4th October
Dear Parent and Carers,

Every year, thousands of schools, companies and communities come together to make World Mental Health Day that little bit brighter by wearing something yellow and donating to YoungMinds.

Right now, the world is a really tough place for children and young people to grow up in. We want young people to know that they don't have to go through this alone. Things can get better.

On **Thursday 10th October**, we are inviting the children to wear something yellow with thousands of others across the UK to raise awareness of World Mental Health Day and to show young people that they're not alone with their mental health.

Please visit [Hello Yellow | World Mental Health Day | YoungMinds](#) for more information or if you would like to make a donation.

If you have any questions, please do not hesitate to contact me,

Kind Regards,

Miss Burrell and The School Council

