



28 March 2024

Dear Parent or Carer,

We have booked Bikeability for Year 4, 5 and 6 children – a cycling training programme, which is like the cycling proficiency, but better! Bikeability is about gaining practical skills and understanding how to cycle on today's roads and gives everyone the skills and confidence for all kinds of cycling.

This will take place from 15th April until 22nd April. It is a FREE one day course designed to improve the children's cycling skills, no matter what is known already. The children will take part in the Level 1 course, which is playground based, and teaches the children how to ride their bikes safely, with an awareness of bike control.

If your child would like to bring their own bike and helmet, the helmet must be labelled and the bike must be returned home at the end of each day. Before the course starts, all equipment will be checked to see if it is roadworthy. **Don't worry if your child does not have a bike and/or helmet because these can be provided by Bikeability.** Please ensure your children come to school in PE kit on the day of their course.

The timetable for these courses is as follows:

Monday 15th April- 4P (Team Parsons)
Tuesday 16th April- 4I (Team Illingworth)
Wednesday 17th April- 6L (Team Little)
Thursday 18th April- 6M (Team Martin)
Friday 19th April-5B (Team Borsos)
Monday 22nd April-5O (Team O'Malley)

If you would like any further information about the course, please do not hesitate to contact school.

Yours sincerely,

Mr Ruthven
PE Co-ordinator