



24th February 2025

Dear Parents/Careers



Relationship, Sex and Health Education (RSHE)
Parent Consultation Meeting – Thursday 6th March 2025 (2:00pm – 3:00pm)

We believe that promoting the health and well-being of our pupils is an important part of their overall education. We do this through our Personal, Social and Health Education (PSHE) and Relationships, Sex and Health Education (RSHE) curriculum. We will be working in partnership with Coram Life Education, a leading children's health and wellbeing charity to deliver SCARF. A comprehensive, whole school approach in supporting children to develop essential life skills to support physical and emotional wellbeing – crucial for children to achieve their best, academically and socially.

SCARF – Safety, Caring, Achievement, Resilience, Friendship

As you may be aware, the Department for Education (DfE) proposed an update to the statutory requirements for Relationships and Health Education which was published for consultation in May 2024. The update remains a draft with no indication yet to the next steps from the government, therefore when planning for 2024/2025 school year, schools must follow the RSHE guidance in force since 2020.

To support us in meeting these requirements, next half term our school will be welcoming a Coram Life Education (CLE) educator to deliver workshops to our Year 4, 5 and 6 pupils which cover some of the RSHE aspects of our curriculum. The workshops are designed to help children prepare for the changes that take place, both physically and emotionally during puberty, as they enter their adolescent years. The design of the workshops has taken into account the requirements of the statutory guidance, up-to-date best practice guidance, and the needs of our children. The content of these workshops will be revisited later in the year by our class teachers during our "Growing and Changing" units of learning. Growing and changing is also taught across the rest of school from Reception to Year 6 during the Summer term, using age-appropriate materials which help children to understand the physical and emotional changes of growing older.

We would like to invite parents and carers to a consultation meeting which will be held on **Thursday 6th March at 2pm**. The meeting will be led by our Coram Life Education (SLE) educator and will provide you with an opportunity to view resources, ask questions and give valuable feedback regarding the RSHE aspects of the curriculum.



**Cottingley
Village**
Primary School

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In addition to this, we have updated our RSHE and PSHE policy in line with SCARF and its curriculum. The policy, which will be attached to this letter, will be out for consultation for the next two weeks. During this time, we welcome you to come to the consultation meeting where if you have any questions about the programme or feedback regarding the policy, you will be able to speak our Coram Life educator, the PSHE leads, members of our governing body and senior leadership team.

Kind Regards

Miss B Aitchison
PSHE Lead

Mrs F Jamal
PSHE Lead