



Dear Parent/Carer

**NSPCC's *Speak out. Stay safe.* programme**

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe.*** programme this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand what "abuse" may look like at an age-appropriate level. Children are specifically taught how to speak out and who to speak to, such as trusted adults and outside agencies, for example Childline.

The programme will be introduced in two separate Key Stage assemblies and will be followed up with classroom activities. In Years 2, 5 and 6 children will be working with NSPCC staff. If you would like to know more about the *Speak out. Stay safe.* programme visit [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout).

**Additional NSPCC resources for families to help keep children safe**

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

<p><b>Parent/Carer support</b></p> <p>Take a look at information, support, advice and activities from NSPCC for parent and carers.</p> <p><a href="http://www.nspcc.org.uk/parents">www.nspcc.org.uk/parents</a></p>	<p><b>Activities to extend learning at home</b></p> <p>Take part in games and activities at home to help children learn about speaking out and staying safe.</p> <p><a href="http://www.nspcc.org.uk/activities">www.nspcc.org.uk/activities</a></p>
<p><b>Online Safety Hub</b></p> <p>For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.</p> <p><a href="http://www.nspcc.org.uk/onlinesafety">www.nspcc.org.uk/onlinesafety</a></p>	<p><b>Childline – under 12's</b></p> <p>Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.</p> <p><a href="http://www.childline.org.uk/buddy">www.childline.org.uk/buddy</a> (5-7)</p> <p><a href="http://www.childline.org.uk/kids">www.childline.org.uk/kids</a> (7-11)</p>
<p><b>Talk PANTS with your children</b></p> <p>Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at</p> <p><a href="http://www.nspcc.org.uk/pants">www.nspcc.org.uk/pants</a>.</p>	

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please do contact me if you have any further questions.

Yours sincerely,

Miss B Aitchison  
PSHE & RSE Curriculum Lead